

Bath County Public Schools

SEPTEMBER 2010 BREAKFAST & LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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BCHS OFFERS SALAD BAR.

1
BREAKFAST:
Scrambled Eggs, Lil Smokie

LUNCH:
Mozzarella Cheese Sticks w/ Marinara Sauce, California Mix, Baked Chips, Fruit, Graham Crackers

BCHS Salad Bar Entrée:
Barbeque Wings

2
BREAKFAST:
Sausage Biscuit, Gravy

LUNCH:
Turkey & Cheese on Bun (LTM), French Fries, Green Beans, Choice of Fruit

BCHS Salad Bar Entrée:
Grilled Cheese Sandwich

3
BREAKFAST:
Cereal, Blueberry Muffins

LUNCH:
Barbeque on Bun, Tator Tots, Cole Slaw, Peaches

BCHS Salad Bar Entrée:
Baked Potato w/ Toppings

6
LABOR DAY HOLIDAY
SCHOOL CLOSED

7
BREAKFAST:
Breakfast Pizza
LUNCH:
Popcorn Chicken, Baked Potato, Mini Carrots w/ Dip, Biscuit, Choice of Fruit
BCHS Salad Bar Entrée:
Mini Corndogs

8
BREAKFAST:
Cereal, Muffin
LUNCH:
Stuffed Crust Pizza, Corn, Tossed Salad, Whole Wheat Sugar Cookie
BCHS Salad Bar Entrée:
Egg Roll

9
BREAKFAST:
Sausage Biscuit, Gravy
LUNCH:
Turkey Salad on Lettuce, Broccoli, Biscuit or Tortilla, Choice of Fruit
BCHS Salad Bar Entrée:
Chicken Nuggets

10
BREAKFAST:
Cheese Toast
LUNCH:
Fish, Macaroni & Cheese, Cole Slaw, Whole Wheat Roll, Peaches
BCHS Salad Bar Entrée:
Cheese Sticks

13
BREAKFAST:
Pancake on Stick
LUNCH:
Ham/Cheese on bun (LTM), Baked Beans, California Mix, Peach Slices
BCHS Salad Bar Entrée:
Chicken Tenders

14
BREAKFAST:
Breakfast Pizza
LUNCH:
Chicken Fajita Wrap w/ Salsa, Cheese, Sour Cream, Rice Pilaf, Corn, Orange Sections
BCHS Salad Bar Entrée:
Grilled Cheese

15
BREAKFAST:
Cereal, Toast
LUNCH:
Manager's Choice
BCHS Salad Bar Entrée:
Mini Corndogs

16
BREAKFAST:
Sausage Biscuit, Gravy
LUNCH:
Barbeque on Bun, French Fries, Cole Slaw, Oatmeal Cookie
BCHS Salad Bar Entrée:
Cheese Sticks

17
BREAKFAST:
Egg & Cheese Biscuit
LUNCH:
Chicken Tenders, Green Beans, Macaroni Salad, Whole Wheat Roll, Fruit Cobbler
BCHS Salad Bar Entrée:
Turkey/Ham/Cheese Wrap

20
BREAKFAST:
Manager's Choice
LUNCH:
Cheeseburger on Bun (LTM), Peas, Carrot/ Celery Sticks, Fruit Choice
BCHS Salad Bar Entrée:
Peanut Butter Sandwich

21
BREAKFAST:
Breakfast Pizza
LUNCH:
Turkey & Gravy on Bread, Mashed Potatoes, Broccoli, Fruit Choice
BCHS Salad Bar Entrée:
Corn Dog

22
BREAKFAST:
Scrambled Egg, Toast
LUNCH:
Stuffed Crust Pizza, Broccoli Salad, Graham Crackers, Peaches
BCHS Salad Bar Entrée:
Hot Pocket

23
BREAKFAST:
Sausage Biscuit, Gravy
LUNCH:
Student's Choice
BCHS Salad Bar Entrée:
Grilled Cheese Sandwich

24
BREAKFAST:
Lil Smokies, Toast
LUNCH:
Whole Wheat Spaghetti w/ Meat Sauce, Green Beans, Tossed Salad, Breadstick, Mandarin Oranges
BCHS Salad Bar Entrée:
Chicken Nuggets

27
BREAKFAST:
Scrambled Egg, Biscuit
LUNCH:
Taco Salad, Mexican Rice, Corn, Graham Crackers, Fruit Choices
BCHS Salad Bar Entrée:
Peanut Butter/Jelly

28
BREAKFAST:
Breakfast Pizza
LUNCH:
Turkey & Cheese on Bun (LTM), Potato Rounds, Choice of Fruit, Haystack Cookie
BCHS Salad Bar Entrée:
BBQ Wings

29
BREAKFAST:
Cereal, Toast
LUNCH:
Mozzarella Cheese Sticks w/ Marinara Sauce, Baked Chips, California Mix, Fruit Cobbler w/ Whipped Topping
BCHS Salad Bar Entrée:
Mini Corn Dogs

30
BREAKFAST:
Sausage Biscuit, Gravy
LUNCH:
Beefaroni, Green Beans, Tossed Salad, Whole Wheat Roll, Mandarin Orange
BCHS Salad Bar Entrée:
Hot Pocket

Menus are subject to change, depending on prices & availability of food items.

All breakfasts are served with a choice of fruit or juice. All meals are served with a choice of milk.